



FULLERTON PUBLIC SCHOOLS

SUMMARY OF TRIENNIAL ASSESSMENT

TEAM:

Lynn Johnson, Tammy Carlson, Eric Burenheide,
Serina Bowen, Yvonne Russell,
Connie Poloncic, Brandon Siegel, Jill Anderson

WELLNESS METRICS:

- Area 1: Nutrition Education/Promotion 75%
- Area 2: Physical Activity 100%
- Area 3: Other Student Wellness 50%
- Area 4: Federal/State Meal Standards 100%
- Area 5: Foods Offered But Not Sold Standard 50%

POLICY COMPLIANCE RESULTS:

- Fullerton Public Schools ensures that healthy foods are served to students and meal compliance is conducted and maintained.
- Fullerton Public Schools ensures that physical activities are promoted and conducted for all students.
- Fullerton Public Schools ensures that food nutrition education is provided for all students.
- Fullerton Public Schools provides wellness opportunities for all.

WELLNESS GOALS:

1. Students will be instructed and taught about proper nutrition and well-being.
2. The district will promote and inform all students about foods and nutrition through our meal program and the classroom.
3. Students will receive instruction and provide opportunities for physical fitness. We will document additional and modified programs or opportunities each year.
4. The district will continue to monitor for wellness future needs.

MOVING FORWARD:

- Fullerton Schools will expand mental health wellness opportunities for students by assessing and implementing new programs and resources.
- Fullerton Schools will revisit the Wellness Policy each year to consider changes and updates to reflect our goals and ongoing approach. The Wellness Committee will examine programming in health, nutrition and physical activity to determine when and where changes could be made.



MORE INFORMATION :

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<https://www.fullertonpublicschools.org/vnews/display.v/SEC/District>